



Summer School 2016

14th INTERNATIONAL SUMMER SCHOOL:

Health Promotion in different stages of life: From early childhood to healthy ageing

13th – 17th June 2016

Venue: Centrum Kongresowo-Dydaktyczne

ul. Przybyszewskiego 37, room 2.09

MONDAY 13.06.2016

Chair: Jan Domaradzki and Ewelina Wierzejska

10.30-12.15

Opening words

Equal opportunities for health: public health perspective

Dr Ewelina Wierzejska

Hospital acquired infections, hand hygiene and the use of gloves

Prof. Dr. Norma Huss, Nursing Department, University of Applied Sciences Esslingen, Germany

Values in our life as source of inequality

Frans Vergeer, Fontys University, Tilburg, Netherlands

12.15-13.15 Lunch break (60 minutes)

13.15-14.00 students' presentations

Health Promotion with persons with special needs in childhood, adolescence and early adulthood

Anja Holzmüller (Nursing Teacher Education student), Reich Regina (Social Work student), University of Applied Sciences Esslingen, Germany

Children's exposure of psychic violence and its impact on their development

Weronika Basińska, Patrycja Kantek, Julia Wołczyńska, public health students, Poznan University of Medical Sciences, Poland

Healthy ageing/Health Promotion with elderly persons

Merime Ahmetovic, Judith Erne, Applied Health Sciences students, Howest, Belgium

18.00 Get together party at Polish Restaurant Chłopskie Jadło, ul. Fredry 12

TUESDAY 14.06.2016

Chair: Frans Vergeer and Lotte Kaba-Schoenstein

9.00-13.30

Promoting Physiological Birth

Prof. Dr. Reinhold Wolke, Nursing Department, University of Applied Sciences Esslingen, Germany

Health Promotion in Hospitals/Health Promoting Workplace (Middle aged Adults) Workshop 90 min
Stefanie Pauen, Peter Stark, Ina Naumann, Nursing Management/Nursing Sciences students,
University of Applied Sciences Esslingen, Germany

11.00-11.30 Coffee break

Workshop: *Social inequalities throughout the life. Introducing and playing the game 'The last straw'*.
Marie Vermast lector Voeding en Beweging bij HOWEST University of Applied Sciences
and Dr Sigrid Van den Branden, Environment and Health, KU Leuven, Leuven, Belgium

13.30-14.00 Lunch break (60 minutes)

14.00-15.30 students' presentations

Chair: Sigrid Van den Branden and Prof. Dr. Reinhold Wolke

Promoting health and well-being in refugees in Bruges.

Julie Vanderlinden, Charlotte Hoeman, Applied Health Sciences students, Howest, Belgium

Today's influences on the development of children at school, at home and on-line in The Netherlands
Thom Quaytaal, student of Biology, Tilburg, Netherlands

Safety and prevention at work in technical and cleaning personnel

Laura Vercampt, Thaneesha Bourgois and Sandy Robberechts, Applied Health Sciences students,
Howest, Belgium

The influence of eating habits on obesity

Oliwia Skibińska, Margerita Sarna, Agata Liberska, public health students, Poznan University of
Medical Sciences, Poland

Health Promotion and Disease Prevention in pregnancy and birth

Astrid Koch, Nursing Teacher Education student, University of Applied Sciences Esslingen, Germany

18.30 Dinner for Summer School Coordinators

Zielona Weranda, ul. Ignacego Paderewskiego 7, 61-770 Poznań

WEDNESDAY 15.06.2016

10.00-14.00 Study visit to hospital

THURSDAY 16.06.2016

Chair: Prof. Dr. Norma Huss and Marie Vermast

9.00-11.00

Growing up healthy for all. Family Health Promotion and early interventions with disadvantaged Children and Families Prof. Lotte Kaba-Schönstein, Nursing Department, University of Applied Sciences Esslingen, Germany

The role of physical activity in different stages of life (Workshop 90 min.)

Krzysztof Skibiński, Julia Staszewska, Martyna Sobiś, Aleksandra Starz, physiotherapy students, Poznan University of Medical Sciences, Poland

11.00-11.30 Coffee break

Using Service-Learning to Develop Health Promotion and Research Skills in health professions education

Dra. Berta Paz Lourido, Departamento de Enfermeria y Fisioterapia, Universitat de les Illes Balears

Community Gardens as mechanisms for promoting urban health

Dra. Berta Paz Lourido, Departamento de Enfermeria y Fisioterapia, Universitat de les Illes Balears

12.30-13.30 Lunch break (60 mins)

13.30-15.00 students' presentations

Chair: Ewelina Wierzejska and Berta Paz Lourido

Health coaching in pregnant women: Presenting the 'Babycoach' project

Ymke Dewaele, Amber Bouden & Caroline Vanderheeren, Applied Health Sciences students, Howest, Belgium

Health Promotion in Nursing Education (Youth, Adolescence, Early Adulthood)

Christa Maria Barron, Andreas Küpper, Nursing Teacher Education students, University of Applied Sciences Esslingen, Germany

Physical and mental health of females in pregnancy. A physiotherapist approach.

Zuzanna Nowakowska, Monika Ławniczak, Izabela Szukała, physiotherapy students, Poznan University of Medical Sciences, Poland

Ergonomics in desktop workers

Karen Van Steenberge, Anke Van Mullem, Applied Health Sciences students, Howest, Belgium

Virtual world of anorexia: pro-ana movement in the Internet

Agnieszka Rechinbach, Katarzyna Holka, Patryk Gałczyński, physiotherapy students, Poznan University of Medical Sciences, Poland

Physical activity and health promotion in different stages of life.

Victor Barbancho and Pep Capó, physiotherapy students, Universitat de les Illes Balears

15.00-15.30 Conclusions and closing ceremony

19.00-21.00 Farewell Party in The Mexican restaurant, ul. Kramarska 19